

QUICK REPORT CARD



ASTHMA AND ALLERGY ASSESSMENT

Evaluate your school's health and create a safer learning environment.

YES

NO

Are **feathered** or **furry animals** kept out of classrooms?

If animals must stay, are they away from ventilation systems?

If there are signs of **cockroaches** or **rodents**, is Integrated Pest Management (www.epa.gov/pesticides/ipm) used?

Is food stored in sealed containers?

Are dumpsters parked away from buildings?

Are leaks and **mold** areas fixed promptly?

Is indoor humidity between 30-50%?

Is **ventilation** adequate around art supplies and lab experiments?

Are **no-smoking policies** enforced in and around the school?

Are stuffed toys washed weekly to prevent the growth of **dust mites**?

Are nap pads covered with mite-proof covers?

Are plastic/wood chairs used instead of upholstered furniture?

Are hard surfaces regularly damp-dusted?

Is a **high-efficiency particulate air (HEPA) vacuum cleaner** used?

Are **no/low VOC (volatile organic compounds) paints, adhesives and cleaning products** used?

Are **repairs, painting, new carpet installation and spraying** done when school is out? If not, are parents notified in advance?

If **portable classrooms** are used, are dampers open, ventilation systems used correctly and washable entry mats used?

Are classrooms away from dusty parking lots, sprinklers and where cars and school buses idle?

IS YOUR SCHOOL READY FOR EMERGENCIES?



Education and Communication

YES

NO

Is asthma and food allergy education available to each person involved with successful learning?

Have *all* staff members been trained to recognize emergencies and respond correctly?

Do all written management plans include the child's picture?

Asthma

Are there policies for nebulizer, inhaler and peak flow meter use?

Do students have easy access to vital medications and devices?

Does each student have a Student Asthma Action Card (available at www.aafa.org)?

Food Allergies

Has school staff been trained by a healthcare professional regarding the use of an EpiPen® and Twinject®, two forms of epinephrine with different delivery systems?

Are teachers aware of food allergies as they plan lessons, activities, celebrations and field trips?

Does each student have a Food Allergy Action Plan?

If you answered 'No' to one or more of the above questions, refer to the resources listed below for more tips on creating a healthy school environment and discuss them with the appropriate professionals.

More Information (ask for Spanish resources):

**Asthma and Allergy Foundation of America –
1.800.7ASTHMA – www.aafa.org**

Environmental Protection Agency – 1.800.438.4318 – www.epa.gov/iaq/schools
www.schoolasthmaallergy.com



Asthma and Allergy
Foundation of America