

Asthma & Allergy Private Practice Doctors

Northern Virginia			
Northern VA Allergy & Asthma Associates	Kenneth W. Berger, MD	Falls Church	703-534-5500
	John A. Simpson, MD	Falls Church	703-534-5500
Allergy & Asthma Care Center, P.C.	Hafez Daneshvar, MD	Alexandria	703-931-2164
	Joanne F. Domson, MD	Alexandria	703-360-8881
	Paul M. Goldberg, MD	Alexandria	703-998-5676
Alexandria & Clinton Allergy Assoc.	Saba Samee, MD	Alexandria	703-360-8881
	Harvey A. Schwartz, MD	Alexandria	703-751-8804
Allergy & Asthma Specialists of Greater Washington	Douglas E. Beakes, MD FAAAAI	Fairfax	703-648-0015
	Pierre-Alain Dauby, MD FAAAAI	Fairfax	703-648-0015
	Jyothi Gadde, MD	Fairfax	703-648-0015
Fairfax Allergy, Asthma & Immunology	Derek K. Johnson, MD	Fairfax	703-648-0030
Allergy Associates of Northern Virginia	Sally Joo Bailey, MD	Arlington	703-558-6040
Allergy & Asthma Associates, PC	Courtney Jackson Blair, MD	McLean	703-356-8290
	Appaji Gondi, MD	McLean	703-790-9722
	Richard C. Loria, MD	McLean	703-356-8290

Maryland			
Johns Hopkins Asthma & Allergy Center	N. Franklin Adkinson Jr., MD	Baltimore	410-550-2051
	Mark C. Liu MD	Baltimore	410-550-2505
National Institutes of Health	Rosalyn Baker, MD, MHS	Montgomery Village	301-846-1869
ENTAA Care	Michael R. Bernstein, MD	Columbia	410-760-8840
Johns Hopkins University	Clifton O. Bingham III, MD	Baltimore	410-550-8089
Institute for Asthma & Allergy	Athena L Economides, MD	Wheaton	301-962-5800
	Huamin Henry Li, MD PhD	Wheaton	301-962-5800
Mardiney Asthma, Allergy & Imm. Ctrs.	Michael R Mardiney Jr., MD	Ellicott City	410-461-7660
National Institute of Allergy & Infectious Disease	Joshua D. Milner, MD	Bethesda	301-827-3662
The Asthma & Allergy Center	Leo Shue, MD	Rockville	301-599-9550
Walter Reed Army Medical Center	Christopher Brian Soltis, MD	Gaithersburg	202-782-8085
Accredited Allergy Associates	Richard J. Summers, MD	Olney	301-774-1568
Allergy & Asthma Care of Maryland	Edawrd S. Yanowitz, MD	Silver Spring	301-587-1127

Washington, DC			
Walter Reed Army Medical Center	Bret R. Haymore, MD	Washington, DC	202-782-8819
	Jennifer W. Mbuthia, MD	Washington, DC	202-782-8079
	Susan Stefanac Laubach, MD	Washington, DC	202-782-8083
George Washington Medical Center	Sampson B. Sarpong, MD	Washington, DC	202-865-4619
Children's National Medical Center	Hemant P. Sharma, MD	Washington, DC	202-476-6080
The George Washington University	Allan M. Weinstein, MD	Washington, DC	202-782-8074

Asthma in Older Adults -Tools for Better Health

Resource Guide

“Asthma in the Older Adult: Tools for Better Health” is a project in partnership with the Department of Health and Mental Hygiene (DHMH), Family Health Administration, Maryland Asthma Control Program and the Asthma & Allergy Foundation of America – Maryland/Greater DC Chapter.

National Resources

- American Academy of Allergy, Asthma and Immunology (800) 822-2762, www.aaaai.org
- American College of Allergy, Asthma & Immunology (800) 842-7777, www.acaai.org
- Asthma and Allergy Foundation of America (800) 7-ASTHMA, (800) 727-8462. www.aafa.org
- American Lung Association 800-LUNGUSA, <http://www.lungusa.org>
- EPA (NSCEP) National Service Center for Environmental Publications (800) 490-9198, <http://www.epa.gov/nscep/>
- National Asthma Education and Prevention Program, National Heart, Lung, and Blood Institute Information Center National Institutes of Health www.nhlbi.nih.gov/about/naepp
- U. S. Administration on Aging, <http://www.aoa.dhhs.gov>
- American Latex Allergy Association 888-972-5378, <http://www.latexallergyresources.org>
- Center for Disease Control and Prevention (CDC) (800) 232-4636, www.cdc.gov
- Medic Alert Foundation, (888) 633-4298, www.medicalert.org
- Food Allergy and Anaphylaxis Network (FAAN) (800) 929-4040, www.foodallergy.com
- Food and Drug Administration (FDA) (888) 463-6332, www.fda.gov
- National Institute of Allergy and Infectious Diseases (NIAID) 1-866-284-4107, <http://www3.niaid.nih.gov>

Smoking Cessation Resources

- MD Tobacco Quit Line, 800-QUIT-NOW
- American Lung Association, (212) 315-8700, www.lungusa.org
- American Lung Association of Maryland 800-LUNGUSA, (410) 560-2120, www.marylandlung.org
- Office of the Surgeon General (301) 443-4000, www.surgeongeneral.gov/aboutoffice.html
- American Cancer Society, 800-ACS-2345
- www.cancer.org
- American Heart Association, MD Chapter (410) 685-7074, www.americanheart.org
- Foundation for a Smoke-Free America, (301) 471-0303, www.anti-smoking.org
- Nicotine Anonymous, (415) 750-0328, www.nicotine-anonymous.org
- No to Tobacco, 800-663-1243, www.nottobacco.org
- Help Guide www.helpguide.org/mental/quitsmokingcessation.htm

Research-Based Resources

- Micronutra Health 866-504-7557 <http://www.micronutra.com>
- GlaxoSmithKline 888-825-5249 <http://www.gsk.com/yourhealth/asthma.htm>
- Johns Hopkins Asthma and Allergy Center, 410-550-2300, www.hopkinsmedicine.org/allergy
- New York Online Access to Health www.noah-health.org/en/lung/conditions/asthma/index.html

Maryland Resources

- Asthma and Allergy Foundation of America Maryland/Greater DC Chapter 410-484-2054
- American Lung Association of Maryland 410-560-2120 <http://marylandlung.org>
- Department of Health & Mental Hygiene Maryland Asthma Control Program 410-767-6713
- American Heart Association Maryland Chapter, Baltimore, MD 21201 410-685-7074
- American Diabetes Association – Maryland Chapter 410-265-0075
- Partnership for Prescription Assistance Maryland (Non Profit Organization) 1-888-477-2669 www.pparxmd.org
- EPA Region 3, Mid-Atlantic Regional Ctr. Environmental Information <http://www.epa.gov>

MD Info & Assistance Offices

- ALLEGANY COUNTY
Cumberland (301) 777-5970 ext. 110
- ANNE ARUNDEL COUNTY
Annapolis (410) 222-4464
- BALTIMORE CITY
Baltimore (410) 396-2273
- BALTIMORE COUNTY
Towson (410) 887-2594
- CALVERT COUNTY
Prince Frederick (410) 535-4606
- CAROLINE COUNTY
Denton (410) 479-2093
- CARROLL COUNTY
Westminster (410) 876-3363
- CECIL COUNTY
Elkton (410) 996-5295
- CHARLES COUNTY
Port Tobacco (301) 934-9305 ext. 5118
- DORCHESTER COUNTY
Cambridge (410) 221-1930
- FREDERICK COUNTY
Frederick (301) 694-1604
- GARRETT COUNTY
Oakland (301) 334-9431
- HARFORD COUNTY
Bel Air (410) 638-3025
- HOWARD COUNTY
Columbia (410) 313-5980
- KENT COUNTY
Chestertown (410) 778-2564
- MONTGOMERY COUNTY
Rockville (240) 777-3000
- PRINCE GEORGES COUNTY
Camp Springs (301) 265-8450
- QUEEN ANNE'S COUNTY
Centreville (410) 758-0848
- SOMERSET COUNTY
Princess Anne (410) 651-0020
- ST. MARY'S COUNTY
Leonardtown (301) 475-4200 ext. 1050
- TALBOT COUNTY
Easton (410) 822-2869
- WASHINGTON COUNTY
Hagerstown (301) 790-0275
- WICOMICO COUNTY
Salisbury (410) 543-0388
- WORCESTER COUNTY
Snow Hill (410) 632-1289

Asthma & Allergy Doctors in Maryland

Institute/Company	Last Name	First Name	City	Zip	Telephone
Alexandria & Clinton Allergy Assoc.	Samee, MD	Saba	Clinton	20735	301-868-9313
Alleghany Allergy & Asthma	Drelich, MD	Jeremy	Cumberland	21502	301-777-3300
	May, MD	Kathleen	Cumberland	21052	301-777-3300
Allergy & Asthma Associates	Andrews, MD	Timothy	Arnold	21012	410-647-2600
	Banks, MD	James R.	Arnold	21012	410-647-2600
Allergy & Asthma Center	Orfan, MD	Nicholas	Hagerstown	21740	301-790-1482
	Vaswani, MD	Surender K.	Westminster	21157	410-386-9888
Allergy Health Care	Kirshenbaum, MD	Arnold	Glen Burnie	21061	410-553-8004
Annapolis Allergy & Asthma	Gels, MD	Duane	Annapolis	21401	410-573-1600
Asthma Sinus Allergy Prog. at GBMC	Sanico, MD	Alvin M.	Towson	21204	301-893-0083
Asthma, Allergy & Sinus Ctr	Bhatti, MD	Neena I.	Waldorf	20602	301-843-2223
	Singla, MD	Manav	Baltimore	21208	410-486-200
Children's Hospital Reg. Outpatient Ctr	Stone, MD PhD	Kelly D.	Upper Marlboro	20772	301-868-5777
Children's Nat'l Medical Ctr	Sly, MD	R. Michael	Rockville	20850	301-424-1755
Commercentre East	Valentine, MD	Martin D.	Baltimore	21208	410-486-2000
Comprehensive & Chesapeake	Schieken, MD	Lawrence S.	Owings Mills	21117	410-902-9666
	Berstein, MD	Michael	Columbia	21044	410-964-8283
ENTAA Care	Huss, MD	Richard W.	Glen Burnie	21061	410-760-8840
	Moore, MD	Andrew D.	Annapolis	21401	410-573-5053
	Pearl, MD	Elliott R.	Glen Burnie	21061	410-760-8840
	Egharari-Sabet, MD	Jacqueline S.	Frederick	21703	301-948-4066
Family Allergy & Asthma Care	Schrieber, MD	Rachel L.	Germantown	20876	301-972-3709
	Siddiqi, MD	Shaz	Montgomery Village	20886	301-948-4066
Frederick Allergy & Asthma Center	Hunter, MD	Lourdes Brigida	Frederick	21702	301-360-0776
Gary L. Rosenberg Inc.	Rosenberg, MD	Gary L.	Cockeysville	21030	410-628-1485
Institute for Asthma & Allergy, P.C.	Kaliner, MD	Michael A.	Chevy Chase	20815	301-962-5800
	Li, MD	Huamin Henry	Chevy Chase	20815	301-986-9262
	Oren, MD	Eyal	Chevy Chase	20815	301-986-9262
	Scarupa, MD	Mark D.	Wheaton	20902	301-962-5800
	White, MD	Martha V.	Wheaton	20902	301-962-5800
Johns Hopkins Allergy Asthma Center	Saini, MD	Sarbjit Singh	Baltimore	21224	410-550-2129
Johns Hopkins Asthma & Allergy Center	Bochner, MD	Bruce S.	Baltimore	21224	410-550-2300
	Creticos, MD	Peter S.	Baltimore	21224	410-550-2112
	Korff, MD	Monika	Ellicott City	21042	410-730-6000
	Norman, MD	Philip S.	Baltimore	21224	410-550-2581
Johns Hopkins University	Eggleston, MD	Peggy A.	Baltimore	21287	410-955-5883
Johns Hopkins Univ. School Of Medicine	Wood, MD	Robert A.	Baltimore	21287	410-955-5883
Kaiser Permanente	Chang, MD	Betty W.	Kensington	20895	301-929-7163
	Greene, MD	Geoffrey E.	Largo	20774	301-618-5610
MD Asthma & Allergy Ctr	Lanpher, MD	Gregory B.	Baltimore	21208	410-486-2000
	Lavietes, MD	William P.	Baltimore	21208	410-486-2000
Metro Asthma & Allergy Ctr	Akan, MD	Gloria	Mitchellville	20721	301-324-7338
Metropolitan Medical Associates	Friedman, MD	Baruch	Baltimore	21239	410-464-5662
NIAID	Togias, MD	Alkis	Bethesda	20892	301-496-8973
NIAID/NIH	Kirshenbaum, MD	Arnold	Bethesda	20892	301-496-8495
	Kamarow, MD	Hirsh D.	Bethesda	20892	301-594-2197
NIAID/NIH/LAD/DHHS	Foroughi, MD	Shabnam	Bethesda	20892	301-402-2903
Potomac Family Allergy & Asthma, LLC	Isenberg-Feig, MD	Heidi	Rockville	20852	301-770-7007
Rockville Allergy & Asthma Assoc.	Bhatti, MD	Neena I.	Rockville	20852	301-881-3171
Shanti Medical Center	Verghese, MD	Kannarkat P.	Leonardtown	20650	301-475-8091
The Asthma & Allergy Ctr	Shier, MD	Jerry M.	Silver Spring	20902	301-681-6055
The Professional Centre	Bacon, MD	John R.	Towson	21204	410-321-0284
UMD School of Medicine	Bollinger, MD	Mary E.	Baltimore	21201	410-706-2443
Village Medical Center	Bacon, MD	John R.	Fallston	21047	410-321-0284

Transportation Assistance Maryland Transit Administration (MTA)

- Information Center: (410) 539-5000
TTY: (410) 539-3497
- Certification Office to apply for Reduced Fare Program (410) 767-3441
- Certification Office TTY: (410) 333-2051
- MTA Reservation Line: (410) 727-3535
- Taxi Access: (410) 468-4941 (Discount Rides)
- Taxi Card (Baltimore Residents Only): (410) 664-1123
- MTA Website: www.mtmaryland.com